



LUNDER • DINEEN

# Health Education Alliance of Maine

In collaboration with Massachusetts General Hospital



## Health Education is Powerful Medicine

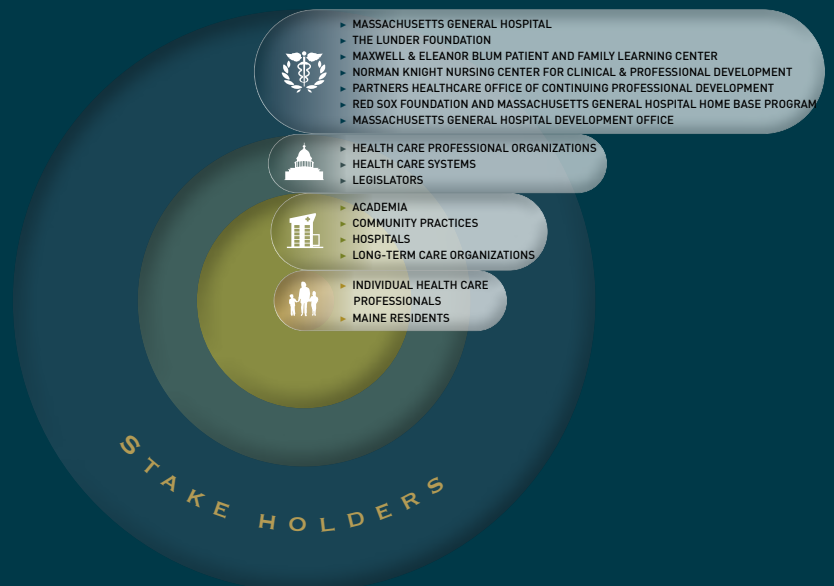
The Lunder-Dineen Health Education Alliance of Maine, based at Massachusetts General Hospital, is a one-of-a-kind health education program that links an academic medical center with a neighboring state. The program is charged with improving the health and well-being of residents in Maine by advancing the skills and expertise of health care professionals. High-quality education empowers them to provide the best possible care.

Lunder-Dineen has forged critical partnerships that ensure our efforts are tailored to meet the unique needs of health care professionals in the great state of Maine. Our relationship-based approach and statewide needs assessments identified critical needs for interprofessional education on older adult health, unhealthy alcohol use, oral health, and nursing leadership.

We developed three strategic initiatives to address these education and public health needs. Each has a clear methodology and incorporates best practices to enhance learning. Statewide advisory groups guide the work of each initiative, with subject matter experts from across settings and professions, and from both Maine and Mass General.

Our goal is to develop these pilot programs into sustainable, statewide programs across the continuum of care through continued work on:

- convening and collaborating with stakeholders
- creating evidence-informed education tailored to Maine health care professionals
- engaging interprofessional teams
- offering education at no cost to learners



[www.lunderdineen.org](http://www.lunderdineen.org)

August 2017



# Strategic Initiatives

of Maine preceptors surveyed in 2012 felt somewhat or poorly prepared to precept\*

42%

57%

had received no formal preceptor education\*

\*Muskie School of Public Service Nurse Preceptor Pilot, Evaluation Report

## The Maine Nursing Preceptor Education Program

Do you know that 52% of nurses in Maine are age 50 or older and 52% are not planning to remain in the workforce beyond five years? The retirement cliff for nursing faculty is expected to be even steeper.

To help support, retain, and transition nurses, we launched this statewide program that is led by academic and clinical experts from both Maine and Mass General. It advances and strengthens the knowledge, skills, and practice of nurse preceptors. Since spring 2017, approximately 500 nurses from 50 organizations in Maine have completed the program. Plans for the 2018 program are under development.

## MOTIVATE

The need for dental services increases as we transition into old age. Poor oral health has sizeable social and economic consequences, and an adverse impact on overall health.

The acronym for MOTIVATE stands for Maine's Oral Team-Based Initiative: Vital Access to Education. The goal of this program is to improve the quality of oral health care and preserve the dignity and quality of life for older adults in long-term care settings.

MOTIVATE is driven by a 21st-century educational model. It expands oral health knowledge, skills, and practice for health care teams in long-term care settings. The program is currently being piloted in a long-term care system through December 2018.



About 1 in 5 older Americans has untreated tooth decay\*

\*National Center for Health Statistics, 2015



## Time to Ask

Alcohol is the number one misused substance in Maine. Despite its prevalence, most health care professionals receive very little education in alcohol use and how to engage in conversations with patients and families about the short- and long-term consequences of unhealthy alcohol use.

The Time to Ask initiative helps primary care teams gain the comfort, confidence, knowledge, skills, and attitudes to properly identify, assess, and recommend treatment for patients affected by unhealthy alcohol use. The education for this program is in development and is being test-piloted in a primary care setting in the fall of 2017.

To collaborate with us, contact Denise O'Connell, Senior Program Manager 207-805-7709 | [info@lunderdineen.org](mailto:info@lunderdineen.org)

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