

Oral Health Community Resources Compiled for SeniorTalk Podcast

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(Airs Saturday at 6:30am or Sunday at 8pm on 103.9FM or 101.3FM and archived at <https://www.wvomfm.com/senior-talk-podcasts/>)



Many of the 20 Community Health Centers systems in Maine (FQHCs) have dental services and offer a sliding fee scale. They may also be aware of programs to help fund dentures. <https://mepca.org/community-health-centers/locations/>

Donated Dental (Dental Lifeline) is a program in Maine that provides some free care. Here is their website for more information. Their website indicates, however, that to be eligible one must be 65 or older. <https://dentallifeline.org/maine/>

The Maine Dental Association may be able to identify programs that can help. Call (207) 622-7900 or visit: <https://www.medental.org/>
Section that explains how you might finance your care: <https://www.mouthhealthy.org/en/dental-care-concerns/paying-for-dental-care/>
How to choose a dentist <https://www.mouthhealthy.org/en/dental-care-concerns/how-to-choose-a-dentist/>

Call **211Maine** (or text the person's zip code to 898-211) <https://211maine.org/>

For dentures, one option some explore is working with a denturist. We understand that their services may cost less than a general dentist typically accept Delta Dental insurance.

The local **Community Action Program (CAP)** <https://mecap.org/>

The town/city's Health and Welfare Dept. may be able to assist through their General Assistance Program.

Consider notifying the primary care physician as well so they are aware of your total health needs and of course, they may be able to guide you as well. If the client, has a medical need to substantiate the need for replacement dentures and has Medicaid, the PCP can complete the letter of medical necessity forms required by MaineCare to have this expense considered.

If in Southern Maine, the **UNE Dental School Clinic** provides some services <https://www.une.edu/ohc>

The **UMA Dental Hygiene Clinic** in Maine provides some basic oral care including cleanings. <https://www.uma.edu/academics/programs/dental-programs/patient-services/>

Veterans Emergency Financial Assistance VEFA Maine Bureau of Veterans Services and the Veterans Dental Network <https://www.maine.gov/veterans/benefits/tax-finance-benefits/vefa.html> and <https://www.maine.gov/veterans/benefits/healthcare/maine-veterans-dental-network.pdf>

Maine CDC listing of all dental clinics and services in Maine (2018) <https://www.maine.gov/dhhs/mecdc/population-health/odh/documents/Clinics.pdf>

A **church, synagogue or service organization** may have funds set aside for members.