ANNUAL REPORT 2020

10 YEARS
2010 - 2020

HEALTH EDUCATION IS POWERFUL MEDICINE

LUNDER • DINEEN
Health Education Alliance of Maine
In collaboration with Massachusetts General Hospital

THIS YEAR'S ANNUAL REPORT INCLUDES PHOTOGRAPHY FROM OUR TRAVELS ACROSS MAINE AND AT MASS GENERAL

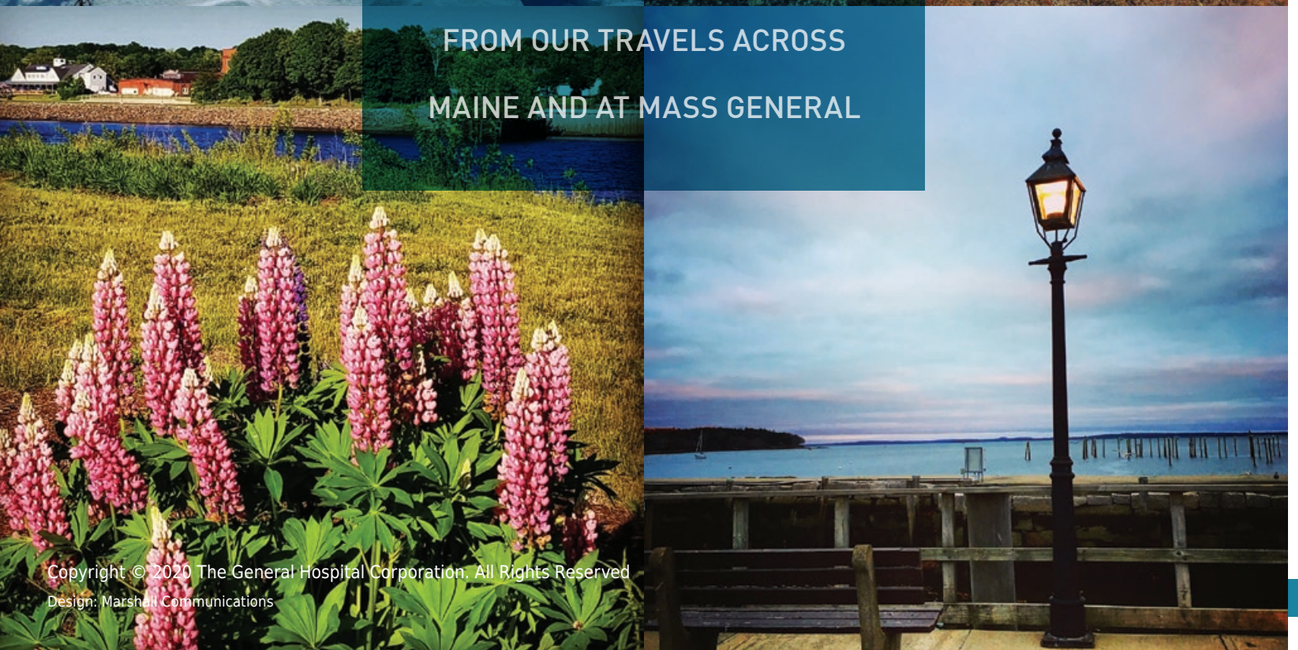

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Table of Contents

10 YEARS 2010 - 2020

Celebrating 10 Years: Thank You to Lunder-Dineen's Supporters

4 | Letter from Co-Chairs

7 | Letter from Executive Director

8 | Our Team

9 | Our Advisory Committee

10 | Our Process

12 | Our Accomplishments

14 | A Visual History of Lunder-Dineen

22 | Support Lunder-Dineen

25 | Thank You from Lunder-Dineen

28 | Inspired to Give

29 | The Next 5 Years

LUNDER • DINEEN
Health Education Alliance of Maine
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Dear State of Maine,

We are proud to meet you at this milestone 10th anniversary.

TOGETHER, WE SET OFF ON THIS JOURNEY IN 2010. Our shared vision was to improve the health of Maine residents by advancing the skills and expertise of Maine's health professionals.

We are proud to report that the Lunder-Dineen Health Education Alliance of Maine brought that vision to life and works tirelessly to sustain it.

This tenth annual report offers a reflective and expansive look at our work over the past ten years. It has truly been a shared vision, effort, and journey. In fact, it was born of a shared promise.

In 1810, Massachusetts General Hospital founders Dr. James Jackson and Dr. John Collins wrote a circular letter that urged the establishment of a general hospital in Boston. They asserted that "When in distress, every man becomes our neighbor." That commitment has been a guiding principle for Mass General for 210 years since. As a teaching hospital, Mass General promised to share our rich history in both clinical care and education with the Lunder-Dineen initiative.

Yet ten years ago, the initiative did not set out to just teach. It set out to learn. The health care community in Maine helped Lunder-Dineen tailor its work to the strengths and needs of the state. The Lunder-Dineen team conducted needs assessments, studied gaps in education, and uncovered preferences for 21st century learning. We met with hundreds of health care experts in cities and towns. This hands-on process led us to travel more than 100,000 miles on roads from Kittery to Van Buren.

With the support of Mass General and Maine, Lunder-Dineen's work has blossomed. Every day, the initiative delivers education for significant public health issues that affect Maine. And it has the unique needs of the health care workforce and the residents they serve at the forefront.

All along the way, a bevy of volunteers donated their time and expertise. At Mass General, from clinical care, development, educational design, leadership, research, and technology. In Maine, from academia, advocacy, nursing, oral health, policymaking, primary care, public health, and more.

It is a lesson in partnership, commitment, and action.

We are forever grateful for the vision, passion, and support of the Lunder family and the Lunder Foundation. They joined with Mass General in 2010 to establish Lunder-Dineen, and their love for Maine is an inspiration for others who want to make a difference, too. We are incredibly proud and thankful for their renewed five-year commitment to fund the work of Lunder-Dineen through 2025.

In our second annual report, back in 2012, we gave a preview of what our shared vision for Lunder-Dineen would look like.

> *"[Lunder-Dineen] programs are designed to meet the interprofessional needs of the clinicians Maine communities depend on. Lunder-Dineen is committed to working hand in hand with these professionals to better address unmet health education needs."*

Promises delivered indeed.

In a time of national uncertainty around health care, politics, social justice, and more, Lunder-Dineen is proof that collaboration is a way forward. For ten years, it has fueled our initiative.

We look forward to the next five years and all this initiative will bring to life for Maine during that time.

James J. Dineen, MD
Jeanette Ives Erickson, RN, DNP
Robert J. Birnbaum, MD, PhD

Dear Colleagues and Friends,

It is an honor to write to you in this tenth annual report.

In my eight years as Executive Director of the Lunder-Dineen Health Education Alliance of Maine, it has been gratifying to see our initiative grow strong. Since early on, the health care community in Maine supported and embraced Lunder-Dineen. It is impressive to see the leadership and passion that experts across the state contribute to our signature education programs, all on a volunteer basis.

This willingness to help exemplifies the resilient, selfless, and adaptive culture of Maine.

Those qualities are clear in 2020 more than ever. Our three signature programs are built upon an innovative, blended-learning model that includes live education. We had to pivot quickly to reshape them as the pandemic took hold. Our volunteer advisory teams invested countless hours to help us mold and deliver fully online curricula for each program. And our learners pivoted with us to embrace and grow through a fresh learning model.

It is proof that in health care, when teams work together, outcomes are better.

A commitment to adapt and evolve is an imperative in today's health care landscape. It drives Lunder-Dineen as an organization. When the world changes, we change with it so that we help the health care workforce in Maine adapt to real-world education needs. It is more than just a reaction. It is a responsibility.

As a result, our team is not afraid of change. In fact, we embrace it. That is why our education programs focus on public health challenges that need strategic solutions. Increase and improve alcohol screening in primary care so Mainers can make healthy choices. Improve oral health in older adults so their quality of life is the best it can be. Train, retain, and inspire the nursing workforce. These are issues that only strong, flexible, and committed teams can tackle.

And so, whether peaceful day or pandemic alarm, we march on toward our goals.

Our search is active for more practices and partners to expand our three signature programs. We have stories and data that prove these programs work well.

Our call to donors stands stronger than ever. Lunder-Dineen can steward a clear path to impact health in Maine in a positive way. And just like ten years ago, the Lunder family, Lunder Foundation, and Massachusetts General Hospital are leading the way. Their renewed commitment to Lunder-Dineen not only validates the work we have completed, but how much left there is to do.

Over the next five years, we will continue to transform. To lead and convene. To learn and adapt. And we will continue to deliver education that improves collaborative practice and the health of Maine.

I invite you to team up with us today. Help us work together, and help things work better.

LABRINI NELLIGAN, MS
Executive Director

OUR TEAM

LUNDER-DINEEN'S THREE CO-CHAIRS AND CHIEF LEARNING OFFICER volunteer their time to guide our strategy and share their decades of experience at Massachusetts General Hospital in leadership roles across clinical care, professional development, research, and interprofessional team building.

James J. Dineen, MD
Co-chair

Jeanette Ives Erickson, RN, DNP, NEA-BC, FAAN
Co-chair

Robert Birnbaum, MD, PhD
Co-chair

Gino Chisari, RN, NPD-BC, DNP
Chief Learning Officer — Nursing

THE LUNDER-DINEEN TEAM has professional expertise in their fields and hands-on experience working with people and organizations in Maine.

Labrini Nelligan, MS
Executive Director

Denise O'Connell, MSW, LCSW, CCM, CCP
Senior Program Manager

Samantha Nock, BA
Program Coordinator

Carole MacKenzie, BSN, M.Ed., RN, NPD-BC
Professional Development Specialist

The Lunder-Dineen team and all of our stakeholders wish ***Carole MacKenzie, BSN, M.Ed., RN, NPD-BC,*** *the very best in her retirement. Carole retired in November 2020 after seven years with Lunder-Dineen.*

Her contributions to our work are immeasurable. She supported all three of our signature programs and exemplifies the concept of lifelong learning. Her work in the nursing field extends far beyond Maine. In 2017, Carole led a nursing leadership course in Mbarara, Uganda. And in 2020, she deployed to a field hospital in Boston to help care for the most vulnerable patients during the height of the pandemic.

Lunder-Dineen will miss Carole's passion and expertise. ***Thank you, Carole, for your contributions to our work.***

ADVISORY COMMITTEE

THE LUNDER-DINEEN ADVISORY COMMITTEE consists of leaders in Maine across health care, business, philanthropy, and more. These volunteers provide key input on areas such as strategy, development, and education.

The Lunder-Dineen team and co-chairs extend our deep gratitude and thanks to the Advisory Committee for the outstanding leadership and time they have donated over the last 10 years.

George Campbell
President, Sewall

Jack Emory
Board of Directors, The Lunder Foundation

Kevin Gillis
President, The Lunder Foundation

Paul S. Goodof
Consultant to Nonprofits and Private Trustee

Admiral Gregory Johnson
USN-Ret.

Marjorie Lunder
The Lunder Foundation

Robert McAfee, MD
former President, American Medical Association, retired Maine Medical Center surgeon

Noah Nesin, MD, FAAFP
Chief Medical Officer, Penobscot Community Health Care

Mark Vogelzang
President & CEO, Maine Public

OUR PROCESS

OVER THE PAST DECADE, Lunder-Dineen turned a noble, shared vision into a thriving, expanding initiative. The backbone of that success is a strong, stakeholder-informed process.

Maine has many unique qualities, like its rural expanse and an older population. We made a commitment to learn from Maine and involve Maine-based experts so we can create education that is tailored to the fabric of health care delivery at the local level.

The Lunder-Dineen team weaves this process into the foundation of each of our signature programs.

BUILD LASTING RELATIONSHIPS
ACROSS THE HEALTH CARE LANDSCAPE

We meet with experts from all across Maine. Advocacy groups, associations, hospitals, philanthropic organizations, practices, service delivery agencies, and more. These real-world insights inform our programs.

150+
stakeholder meetings

100,000+
miles traveled on roads in Maine

CREATE TRUST AND COLLABORATION
THROUGH SHARED EFFORT

We convened three statewide Advisory Teams to share best practices, develop curricula, deliver training, and make our programs come to life. These volunteer teams include experts from academia, administration, frontline practices, health systems, and more.

Experts in all areas of substance use treatment and recovery help lead our Time to Ask program.

FOCUS ON TEAM-BASED,
INTERPROFESSIONAL EDUCATION

Under the guidance of our statewide Advisory Teams, we crafted programs to meet the needs of the modern, multigenerational health care workforce.

Blended-learning

- We deliver content in multiple formats and modalities so that it appeals to varied learning preferences.

Program improvement

- We evaluate programs to ensure that learner performance and feedback enhances our curricula and process.

Nurses of all ages, career levels, and practice settings participate in our Maine Nursing Preceptor Education Program.

In 2020, we pivoted to transform our programs into fully virtual learning experiences.

SEEK COMMITTED PARTNERS

We work with practices and health systems that are committed to transformation, and we provide ongoing support across training and implementation.

Maine-based experts, including dental hygiene students, train staff in proper oral health techniques for older adults during our MOTIVATE program.

SUSTAIN AND EXPAND
THE PROGRAMS

Our work aims to help our programs sustain themselves as part of the health care ecosystem in Maine. That includes engaging philanthropists and foundations who support our work and expanding our programs to help more professionals and organizations benefit from our education.

We help sustain the use of our MOTIVATE program by providing long-term care settings with oral health toolkits for all residents.

OUR ACCOMPLISHMENTS

THE PATH TO ADDRESS PUBLIC HEALTH CHALLENGES through education requires long-term solutions with strong foundations. Thanks to our strategic, stakeholder-informed process, each of our three signature education programs has that bedrock foundation to build on.

In just a few short years, the remarkable impact of our programs extends to every corner of Maine.

A LEGACY OF SUSTAINABLE EDUCATION

We led a multiyear, statewide effort to build and launch our education programs. They now actively benefit health care professionals and residents in Maine every day. It is a proven model to create sustainable, education-based solutions to public health challenges.

MAINE NURSING PRECEPTOR EDUCATION PROGRAM

Inspire. Teach. Guide. Invest.

Maine is experiencing nursing workforce and faculty challenges. Many of our most seasoned nurses and faculty are poised to retire. This program advances and supports the recruitment, integration, satisfaction, and retention of nursing students, new nurses, and transitioning nurses across the continuum of care.

MOTIVATE

Maine's Oral Team-Based Initiative: Vital Access to Education

Oral Health Leads to Total Health

Oral health disparities exist for older adults, particularly those older adults who require nursing home care. This program provides interprofessional teams in long-term care with education to advance their knowledge, skills, and attitudes about oral health. It also mentors teams so they can apply what they learn to daily care delivery.

TIME TO ASK

Education that transforms conversations about alcohol use

Alcohol is the number one substance of misuse in Maine. This program provides health care professionals with knowledge, skills, and attitudes to engage in meaningful conversations about alcohol use. It also supports teams to enhance care delivery.

DIRECT IMPACT AT ALL LEVELS

STATE

Learners from all **16 counties** in Maine

HEALTH SYSTEMS

100+ organizations and practice sites with staff who have participated in our programs

HEALTH CARE PROFESSIONALS

2,100+ trained

100+ in-person consultation sessions

30+ faculty-led workshops

PATIENTS/RESIDENTS

The learners who participate in our programs serve **hundreds of thousands** of patients and residents across Maine

GROWING PHILANTHROPY

10 YEARS 2010 - 2020

Renowned organizations believe in Lunder-Dineen's strategic approach and help sustain the impact of our programs.

SAM L. COHEN FOUNDATION

THE BINGHAM PROGRAM

DentaQuest FOUNDATION

NEWSWORTHY PROGRESS

MEDIA IN MAINE THAT HAVE COVERED OUR WORK

MOTIVATE advisor and research partner Lenard W. Kaye, DSW, PhD, from UMaine Center on Aging

- ABC-Fox 22
- Bangor Daily News
- Catching Health with Diane Atwood
- Maine Public
- Portland Press Herald
- PR Maven Podcast
- Senior Talk
- Women's Quarterly
- WGAN
- WVOM FM
- WZON AM620

A VISUAL HISTORY OF LUNDER-DINEEN

Take a look at some of the milestone moments that helped define our initiative over the last ten years. This visual history demonstrates how Lunder-Dineen worked to develop a program model, address specific public health needs, build relationships across Maine, and cultivate our three signature education programs.

2010

September

On September 14, Massachusetts General Hospital, the Lunder family, and the Lunder Foundation sign the agreement that created our initiative—the only one of its kind nationwide between a large academic medical center and a neighboring state.

October

The initiative takes its original, temporary name of the James J. Dineen, MD Maine Health Education Partnership.

2011

February

Our co-chairs create an internal task force at Mass General to build a planning and staffing model for the initiative.

June

The task force creates a governance structure, establishes our Operations Committee, and authorizes two full-time staff positions. Our first hire was our Senior Program Manager Denise O'Connell, MSW, LCSW, CCM, CCP.

September

We launch our website at www.lunderdineen.org to build toward our goal of providing accessible education for Maine.

LUNDER • DINEEN
Health Education Alliance of Maine
In collaboration with Massachusetts General Hospital

January

We establish our official name, logo, mission, and vision. Our name, the Lunder-Dineen Health Education Alliance of Maine in collaboration with Massachusetts General Hospital, is chosen to honor our unique partnership model and honor longtime Mass General internist James J. Dineen, MD. The three united lines in the icon represent the Lunder Foundation, Mass General, and Maine.

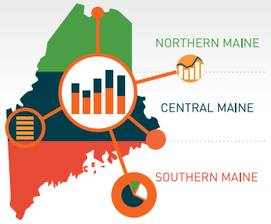
October

Lunder-Dineen Co-Chair Jeanette Ives Erickson, RN, DNP, NEA-BC, FAAN leads a presentation to OMNE Nursing Leaders of Maine, the largest professional nursing society in Maine, to demonstrate our commitment to nurses in the state.

2012

May

We enlist the help of a market research firm to help conduct a formal statewide needs assessment on education gaps and learning preferences.



October

A picture from an October 8 meeting at Maine Medical Center is our first-ever social media post. It began our use of social media to engage the health care community in Maine.

September

Lunder-Dineen holds its official launch event at the Paul S. Russell Museum of Medical History and Innovation in Boston.

March

Lunder-Dineen releases the data from its statewide needs assessment in a report called *The State of Health Care Education in Maine.*

May

Lunder-Dineen sponsors a series of community events in Maine, titled *Theater of War*, to raise awareness of posttraumatic stress and its impact on veterans and their families. The events feature famous actors such as Zach Grenier and Mare Winningham.

September

Lunder-Dineen works to have Nursing Grand Rounds from Mass General broadcasted to hospitals in Maine at no cost.

October

In response to the "bath salts" epidemic, we work with experts in substance use disorders from Mass General and the Bangor, ME, bath salts response team to create and distribute a pocket guide for all first responders in Maine.

2013

April

Lunder-Dineen hits its goal of meeting with leaders from every single hospital in Maine.

June

Lunder-Dineen welcomes more than 100 philanthropists, business leaders, and health care experts to our first fundraising event, held at the Portland Museum of Art.

December

Our catalog of CME/CE-certified online courses grows to 50+, with topics across geriatrics, nursing, psychiatry, veterans' health, and more.

February

We identify three important topics of public health need in Maine where gaps in education exist and commit to creating education on these topics: nursing preceptorship, oral health in older adults, and unhealthy alcohol use.

May

Lunder-Dineen sponsors *Matter of Duty*, a documentary from Maine Public that tells the stories of veterans who face struggles with posttraumatic stress disorder (PTSD) after their deployments.

MAINE NURSING PRECEPTOR EDUCATION PROGRAM

Inspire. Teach. Guide. Invest.

September

Building on prior work by the Maine Partners in Nursing Education and Practice, Lunder-Dineen finalizes plans for a 2015 launch of the Maine Nursing Preceptor Education Program.

2014

April

Our work is well under way building interprofessional Advisory Teams to guide our education programs on our three important topics.

MOTIVATE

Maine's Oral Team-Based Initiative: Vital Access to Education

Oral Health Leads to Total Health

June

With input from our Advisory Team and other stakeholders, we choose a name for our oral health initiative – MOTIVATE: Maine's Oral, Team-Based Initiative: Vital Access to Education.

TIME TO ASK

Education that transforms conversations about alcohol use

October

With input from our Advisory Team and other stakeholders, we choose a name for our unhealthy alcohol use initiative – Time to Ask.

January

Lunder-Dineen receives a six-figure gift in support of our MOTIVATE program from The DentaQuest Partnership for Oral Health Advancement.

DentaQuest FOUNDATION

April

Experts from our MOTIVATE initiative lead a breakout session at Maine Quality Counts' QC2015 conference as we seek to establish partnerships for the initiative.

November

We launch an online educational tool for our Time to Ask initiative that offers content on the risks of unhealthy alcohol use. The videos feature John Kelly, PhD, associate director, Center for Addiction Medicine, Massachusetts General Hospital.

March

Lunder-Dineen Chief Learning Officer Gino Chisari, RN, NPD-BC, DNP, presents a session at York Hospital on *Nurse Bullying: Enough is Enough*.

October

Experts from our MOTIVATE Advisory Team appear on Maine Calling to discuss how the initiative benefits Maine.

April

Lunder-Dineen and members of the Time to Ask Advisory Team write a column in the Bangor Daily News on the need for effective screening in Maine around alcohol use.

LABRINI NELLIGAN
MARK PUBLICKER
AND NOAH NESIN

Time to ask patients about their drinking

"I have some concerns about your drinking that I'd like to discuss with you. Is that

June

Experts from our Maine Nursing Preceptor Education Program Advisory Team appear on Maine Calling to discuss nursing workforce challenges in Maine.

August

As part of our MOTIVATE program, Lunder-Dineen provides more than 1,700 oral health kits to residents in long-term care settings in Maine.

2015

March

With the help of Cliff Singer, MD, and Roger Renfrew, MD, Lunder-Dineen launches an area on our website with resources to help health care professionals in Maine provide care to individuals who suffer from dementia.

October

The Lunder-Dineen team attends the DentaQuest Oral Health 2020 Network Meeting in New Orleans and presents a short session about its MOTIVATE initiative to oral health experts from across the country.

2016

April

Our Time to Ask initiative launches a new tool with content on the risks of unhealthy alcohol use. The videos features Mark Publicker, MD, FASAM, a Maine-based addictions expert.

August

Our MOTIVATE initiative launches at two pilot sites with Maine Veterans' Homes in Augusta and Scarborough. Pictured is MOTIVATE Advisory Team member Nancy Foster, CDA, EFDA, RDH, EdM.

December

Our Maine Nursing Preceptor Education Program surpasses 300 total participants from more than 50 organizations in Maine.

2017

July

The Lunder-Dineen team presents a podium presentation in New Orleans on multigenerational learning during the Association for Nursing Professional Development National Convention.

September

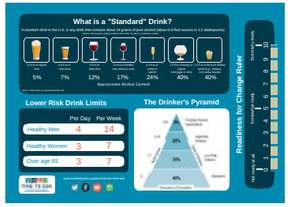
Time to Ask Pilot Advisory Team member Shawn Yardley, BSW, MBA, and Time to Ask advisor John Kelly, PhD, lead a segment on recovery for The Pulse Morning show on WZON AM 620.

February

We redesign the curriculum for our Maine Nursing Preceptor Education Program to include clinical nurse educators.

June

Lunder-Dineen creates a pocket guide on alcohol use interventions and sends it to all primary care practices in Maine.



April

Our Maine Nursing Preceptor Education Program expands to include school nurses and public health nurses.

October

Our MOTIVATE program launches at The Cedars in Portland for more than 200 staff.

February

Our MOTIVATE program exceeds 700 total staff trained in long-term care settings.

July

Our Time to Ask program exceeds 200 total staff trained at locations that serve 24,000 patients.

2018

2019

2020

April

Time to Ask Pilot Advisory Team member Noah Nesin, MD, FAAFP, and Lunder-Dineen Senior Program Manager Denise O'Connell MSW, LCSW, CCM, CCP, appear on ABC-Fox 22 to discuss the impact of alcohol use in Maine.

September

Members of our MOTIVATE Advisory Team, including Demi Kouzounas, DMD, appear on Maine Calling to discuss how to maintain good oral health in older adults.

November

Lunder-Dineen sponsors a free interprofessional event for the community in Machias on Chronic Disease and Oral Health: Relationships and Disease.

June

The national newsletter for the American Dental Association highlights our MOTIVATE program and the work of Advisory Team member Leonard Brennan, DMD.

December

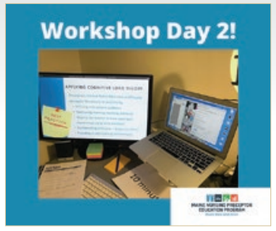
Our Time to Ask program launches at Katahdin Valley Health Center in Northern Maine for more than 200 staff.

December

Time to Ask Advisory Team member Mark Publicker, MD, FASAM, helps lead an excellent Maine Calling episode on binge drinking in Maine.

April

Our Maine Nursing Preceptor Education Program receives endorsements from American Nurses Association-MAINE (ANA-MAINE) and OMNE Nursing Leaders of Maine.



November

Our Maine Nursing Preceptor Education Program exceeds 900 total learners from more than 90 organizations. It also transforms into a fully virtual blended-learning program.

While the Lunder family, the Lunder Foundation, and Massachusetts General Hospital founded our initiative, a growing list of individuals and organizations have joined in to support our work.

This list includes Maine residents and businesses. People from away who have ties to Maine. Philanthropic foundations. And even national organizations who support the work of our three signature programs.

On behalf of the Lunder-Dineen team, we thank every person and organization on this list.

HELP US CREATE A LEGACY OF HEALTH EDUCATION IN MAINE. MAKE A CONTRIBUTION AND ADD YOUR NAME TO OUR LIST OF SUPPORTERS. JOIN LIFELONG MAINERS, BUSINESS LEADERS, PHILANTHROPISTS, AND NATIONAL EXPERTS WHO SEE A BRIGHT FUTURE FOR HEALTH CARE IN MAINE. HELP US EXPAND OUR WORK AND MAKE OUR SIGNATURE PROGRAMS A PERMANENT PART OF A HEALTHIER STATE.

LUNDER-DINEEN DONORS FROM 2010-2020

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Lorraine R. Balkin*
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Elizabeth Wiseman
Mrs. Rachel Zinny
Dr. and Mrs. Vangel Zissi

*Deceased

Learn more and donate online *lunderdineen.org/join-us*.

Donors include but are not limited to the individuals and organizations listed above.

THANK YOU

OUR FIRST TEN YEARS are shaped by many people who embraced and supported our work. This includes health professionals on the frontlines of care and those who work in other areas such as administrators, executive leaders, and policymakers.

On behalf of the Lunder-Dineen team, our co-chairs, the Lunder family, and the Lunder Foundation, we thank you. You have our deepest gratitude for helping our work thrive and have a positive impact for citizens of Maine.

OUR ADVISORY TEAMS

Each of our signature programs is led by an Advisory Team of experts from academia, clinical care, research, and administration from all across Maine. They donated countless hours to develop, teach, and guide our programs from concept to reality.

Their incredible volunteerism and collective effort shines as a proven example of how to address public health challenges in Maine – and anywhere in the nation – to create sustainable, scalable solutions.

Current MOTIVATE Advisory Team

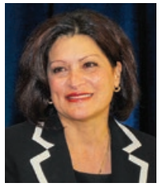
Leonard Brennan, DMD

Jennifer Crittenden, PhD, MSW

Maria C. Dolce, PhD, RN, CNE

Nancy L. Foster, CDA, EFDA, RDH, EdM

Marilyn Gugliucci, PhD


Demi Kouzounas, DMD

Matthew R. Trombley, MBA, HCM, MLA, NRE-MT, LSSBB, FACHCA

Current Ad Hoc Advisory Team

Lenard W. Kaye, DSW, PhD

Rodney A. Larson, PhD, RPh

Timothy Oh, DDS, FACD, FPFA, FICD

Former Advisory Team Members

Jeffrey Doss, DDS
Timothy Martinez, DMD
James B. Hanley, DMD
(in memoriam)

Current Maine Nursing Preceptor Education Program Advisory Team

Joseph Carter, RN, MS, MDiv.

Tiffany Comis, MSN, MBA, RN, CEN

Betsy Corrigan, MSN, RN-BC, PCCN-K

Donna DeBlois, RN, BSW, MSB, MBA, AHCA

Lacey Fogg, RN, BSN

Joshua Little, BSN, RN-BC

Melody Narramore, MSN, RN-BC

Michael Nozdrovicky, DNP, RN, NEA-BC

Su Sepples, PhD, RN

Vanessa White, RN, BSN

Current Ad Hoc Advisory Team

Lisa Harvey-McPherson, RN, MBA, MPPM

Kristiina Hyrkäs, PhD, LicNSc, MNSc, RN

Sherry Rogers, RN, MSN, NEA-BC

Erin Soucy, PhD, RN

Paula White, MS, RN

Former Advisory Team Members

Taffy Davis, MSN, RN-BC
Paula Delahanty, RN, BSN, MHSA
Christina Harris, RN, MSN, CCRN
Carole MacKenzie, RN, BSN, M.Ed., RN, NPD-BC
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Marcia J. Parker, RN, MSN, CNE
Melissa Stoliker, RN, BSN
Starr Sweeney, BS, RN, BSN
Kelly Wheeler, RN, MSN, CLC
Karole Johnson, MSN, RN
(in memoriam)

> We are eternally grateful for the selfless contributions from all our volunteer Advisory Team members. We are proud to collaborate with these dedicated experts.
>
> – James J. Dineen, MD
> Lunder-Dineen co-chair

THANK YOU *(cont.)*

Current Time to Ask Advisory Team

Rebecca Ireland, MPH

Pat Kimball, LADC, CCS

Mary Lindsey Smith, PhD, MSW

Noah Nesin, MD, FAAFP

Stephanie Nichols, PharmD, BCPS, BCPP, FCCP

Malory Otteson Shaughnessy, MPPM

Mark Publicker, MD, FASAM, ABAM Diplomate

C. Shawn Yardley, BSW, MBA

Current Ad Hoc Advisory Team

John F. Kelly, PhD, ABPP

Rodney A. Larson, PhD, RPh

Dawn Williamson, RN, DNP, PMHCNS-BC, CARN-AP

Former Advisory Team Members

Peter Michaud, JD, RN
Elizabeth Fowlie Mock, MD, MPH, FAAFP
Jennifer Reck, MA

Massachusetts General Hospital

Over our ten years, we received support and expertise from dozens of experts, executives, and departments across Mass General. This consistent, ongoing guidance helps us harness and apply the latest expertise in clinical care, educational design, research, technology and more. These partners include but are not limited to:

Department of Psychiatry
Home Base Program
MGH Development Office
MGH Psychiatry Academy
Nursing and Patient Care Services
Norman Knight Nursing Center for Clinical & Professional Development
Maxwell & Eleanor Blum Patient and Family Learning Center
Yvonne L. Munn Center for Nursing Research
Partners HealthCare Office of Continuing Professional Development
Research Recovery Institute
Executive Committee on Teaching and Education
Institute of Health Professions
MGH Network Development
MGH Advisory Services
MGH Global Health Department
MGH Learning Laboratory
MGH Marketing Department
MGH Public Affairs
Benson Henry Institute for Mind Body Medicine at Massachusetts General Hospital
John D. Stoeckle Center for Primary Care Innovation

Our Practice Sites

OUR SIGNATURE PROGRAMS guide forward-thinking organizations that are committed to the professional development of their staff and transforming care for their patients. Leadership at these sites believe in the benefits of our education to build high-functioning teams. Frontline staff embrace 21st century education to enhance clinical practice.

These practice sites demonstrate how collaborative, interprofessional practice can deliver progress against public health challenges and give patients pathways to health.

Time to Ask sites:

Four Seasons Family Practice in Fairfield

Bucksport Regional Health Center in Bucksport

Katahdin Valley Health Centers in Houlton, Ashland, Millinocket, Patten (2), and Brownville

In 2021, Greater Portland Health in multiple locations

MOTIVATE sites:

Maine Veterans' Home system in Scarborough, Augusta, Bangor, Machias, S. Paris, and Caribou

The Cedars in Portland

Island Nursing Home in Deer Isle

In 2021, NLH Mars Hill nursing home in Mars Hill

Maine Nursing Preceptor Education Program participating organizations:

Alfond Center for Health (MaineGeneral Health)
Androscoggin Home Healthcare + Hospice
AOS #94
Bangor Nursing & Rehabilitation Center
Barron Center
Beal College
Bridgton Hospital
Brunswick High School
Calais Regional Hospital
Cary Medical Center
Central Maine Community College
Central Maine Medical Center
Coffin Elementary School
Dike-Newell School
Dorothea Dix Psychiatric Center
Down East Community Hospital
Franklin Memorial Hospital
Gosnell Memorial Hospice House
Green Mountain Technology and Career Center
Harrison Middle School
Home Hope & Healing
Hospice of Southern Maine
Houlton Regional Hospital
Husson University
Ledgewood Manor
Lewiston Middle School
LincolnHealth (Miles Memorial Hospital)
Maine Center for Disease Control & Prevention, Division of Public Health Nursing
Maine Dartmouth Geriatric Medicine
Maine Medical Center
Maine Medical Partners
Maine Veterans' Home - Augusta
Maine Veterans' Home - Scarborough
Maine Veterans' Home - South Paris
MaineGeneral Health Home Care & Hospice
MaineGeneral Medical Center, Thayer Campus
MaineHealth Care at Home
Memorial Hospital (North Conway, NH)
Mid Coast Hospital
Mid Coast Parkview Health CHANS
Mid Coast Senior Health Center
Millinocket Regional Hospital
Mount Desert Island Hospital
Mount Desert Island Hospital - Trenton Health Center
New England Rehabilitation Hospital
Newton Center
Northern Light Acadia Hospital
Northern Light AR Gould Hospital
Northern Light Blue Hill Hospital
Northern Light Eastern Maine Medical Center
Northern Light Home Care and Hospice (Eastern Maine Home Care)
Northern Light Homecare & Hospice
Northern Light Maine Coast Hospital
Northern Light Mayo Hospital
Northern Light Mercy Hospital
Northern Light Mercy Primary Care
Northern Light Sebasticook Valley Hospital
Northern Maine Medical Center
Pen Bay Medical Center
Penobscot Valley Hospital
Pine Point Center
Portland Endoscopy
Quarry Hill Assisted Living
Redington-Fairview General Hospital
RiverRidge Center
Riverview Psychiatric Center
Ross Manor
RSU 19
Rumford Hospital
Saint Joseph's Rehabilitation and Residence
Sandy River Center
Sanford School Department
Seaside Healthcare
Southern Maine Community College
Southern Maine Health Care
Spectrum Health Care
Spring Harbor Hospital/Maine Behavioral Health
St. Mary's d'Youville Pavilion
St. Andre Health Care Facility
St. Joseph Hospital
St. Joseph's Homecare and Hospice
St. Mary's Regional Medical Center
St. Mary's Health Center
Stephens Memorial Hospital
The Cedars
University of Maine
University of New England
VA Maine Healthcare System - Togus
Waldo County General Hospital
Waterville Senior High School
Westgate Center for Rehabilitation & Alzheimer's Care
York Hospital

TEN YEARS AGO, Lunder-Dineen committed to learning from Maine. Hundreds of individuals and organizations contributed their time and knowledge to us. Hospitals. Advocacy groups. Professional associations. Academic leaders. Legislators. Small, rural practitioners and large group practices. Service delivery experts in long-term care, primary care, emergency care, and more.

While it's impossible to list every stakeholder that contributed to and motivated us in our work, we want to express our deepest gratitude to you.

When you met with the Lunder-Dineen team, you became part of our success. ***We thank you.***

Inspired to Give

"It's hugely gratifying to look back at the ten years since Paula and Peter Lunder and Jim Dineen provided the impetus for the creation of Lunder-Dineen. The reach of the organization's three signature programs – Nursing Preceptor Education, Time to Ask, and MOTIVATE, all in support of health care professionals throughout the state, and through them, the citizens of Maine – has been simply extraordinary. The gifted teachers and practitioners from Mass General, along with the wonderfully committed and able in-state staffing, have truly made a difference. More to be done, for sure, but a record of substantial accomplishments over a decade so worthy of celebration! Congratulations to the entire Lunder-Dineen team!"

Paul Goodof

"Jim Dineen is not only a brilliant and caring doctor, but also a Mainer, and understands the people of Maine and the complexity of the state's health care systems. Due to Maine's sheer size and the distances between groups of physicians and medical facilities, reaching everyone with education can be a challenge. Dr. Dineen and the Lunder-Dineen team are helpful in identifying ways to bring education to healthcare professionals serving Maine's population. We are proud to support this initiative. Both the MGH and the state of Maine are most fortunate to know the likes of Dr. James J. Dineen!"

Judy and Roger Feingold

Maine Community Foundation

Your partner in philanthropy

The Lunder-Dineen Time to Ask program was incredibly fortunate to be selected as a recipient for an award through the Welch Charitable Fund at the Maine Community Foundation. The Time to Ask program educates healthcare professionals on how to successfully integrate alcohol screenings and interventions into the primary care setting. As the COVID-19 pandemic continues to bring heightened isolation and stress and increased alcohol consumption, the support of this funding will allow us to continue to provide unhealthy alcohol use education, including an updated motivational interviewing curriculum, to more primary care teams and their patients throughout Maine.

The Next Five Years

Make our neighbors healthier.

THAT WAS OUR VISION WHEN WE PARTNERED WITH MASSACHUSETTS GENERAL HOSPITAL TO ESTABLISH LUNDER-DINEEN.

Peter and Paula Lunder

We knew firsthand about Mass General's history of helping its neighbors through Dr. Jim Dineen. He showed us the power of health education in action and how it can transform the care people receive. At the time, we thought that with the right plan, we could use education for health professionals to make a positive impact for the people of Maine.

Toward that end, we are impressed with the progress this initiative has made over the last decade.

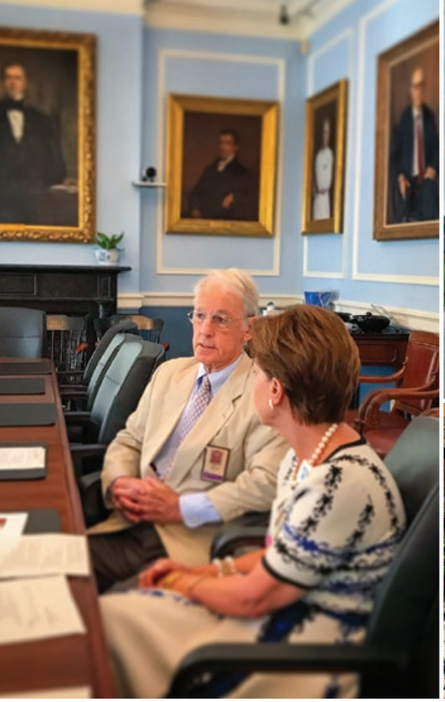
Lunder-Dineen is working to solve major public health challenges in Maine. These are not quick fixes. And in Maine, we know about commitment and resilience. We want to get this job done right and see a healthier Maine for generations to come.

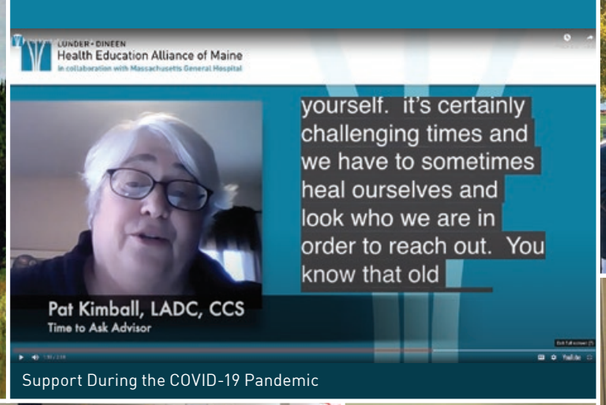
That is why we are proud to continue our support of Lunder-Dineen through 2025. There are good reasons why Lunder-Dineen programs receive national accolades. You will see continued progress as these programs expand to serve more people.

If you have a passion for Maine as we do, consider joining us to help continue the work of these critical programs.

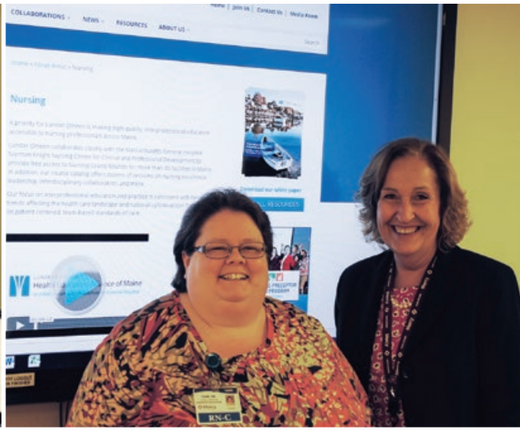
Thank you to everyone who helped and supported Lunder-Dineen over the years.

Sincerely,
Marjorie Lunder
The Lunder family and Lunder Foundation





Support During the COVID-19 Pandemic



LUNDER • DINEEN
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In collaboration with Massachusetts General Hospital

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