



LUNDER • DINEEN
Health Education Alliance of Maine

In collaboration with Massachusetts General Hospital

ANNUAL REPORT

2017



**DEAR
COLLEAGUES,
FRIENDS &
NEIGHBORS
IN MAINE,**

IT IS WITH PRIDE that we present the seventh annual report from the Lunder-Dineen Health Education Alliance of Maine. Please read on to learn about the progress and impact that our work is making across the state.

We begin with great news that our multi-year MOTIVATE oral health initiative has launched at Maine Veterans' Homes sites in Augusta and Scarborough, the first two sites for the program. We plan to conduct an internal process review and enhance the program as needed before it launches at Machias and additional sites in 2018. Our goal is to bring this program to all six Maine Veterans' Homes and then complete a full evaluation of the entire program launch to inform further development and scalability. With an aging population in our state, this public health project is both timely and important. Good oral health is essential to healthy aging and can mitigate sizeable social and economic impacts of oral health disparities. Evidence tells us that health care providers receive limited education on oral health assessment, evidence-based care guidelines, and interprofessional, team-based practice. That signals an opportunity for health care teams to make a valuable impact on oral care. Learn all about how MOTIVATE makes this happen on pages 22-27.

Our Time to Ask initiative also holds unique promise for Maine. Its mission is to transform the way that members of the interprofessional primary care team talk to patients and families about alcohol use. Misuse of alcohol in Maine has devastating effects on individuals, families, public health and the economy. Evidence tells us that primary care teams that are trained in engagement strategies can influence patients toward improved behavior change simply by holding caring and compassionate conversations with them. Pages 28 and 29 describe some of our work toward development and implementation of Time to Ask at sites in Bucksport, Caribou, and Fairfield. We are partnering with the University of Southern Maine Muskie School of Public Service to evaluate the program and inform further program development and scalability.

Our Maine Nursing Preceptor Education Program launched its third session earlier in 2017. It has trained close to 500 nurses from more than 50 organizations within the state. We are very proud of this nursing leadership initiative and are thankful to all the nursing leaders across Maine who contribute to its success. This best-practice program aligns with the strong work underway across Maine to address the impending nursing shortage. Pages 30 and 31 offer a look at some recent highlights.

As we reflect on these achievements, it is important to consider the world around us.

Like so many, we are mindful of the changing dynamics. These are among the most challenging days we have seen in some time. The growing divide impacts our entire lives. Work. Fun. Sports. Health care. Our friends across the globe. Right down to our communities, neighbors, and families. The very fabric of life in America.

Yet at the same time, we see a certain way forward.

It centers on the same values that always embody life in Maine. A willingness to go above and beyond to care for one's neighbors. A compassion for people and community. And, a right for all to pursue and enjoy freedom and equality.

The clearest example of these values rests in the pioneering vision of Peter and Paula Lunder, the Lunder family, and the Lunder Foundation. Their grant established Lunder-Dineen in collaboration with Massachusetts General Hospital more than seven years ago. The Lunders were confident that working hand-in-hand with Mass General would lead to sustainable, educational solutions to public health issues in Maine and long-lasting benefits for its residents.

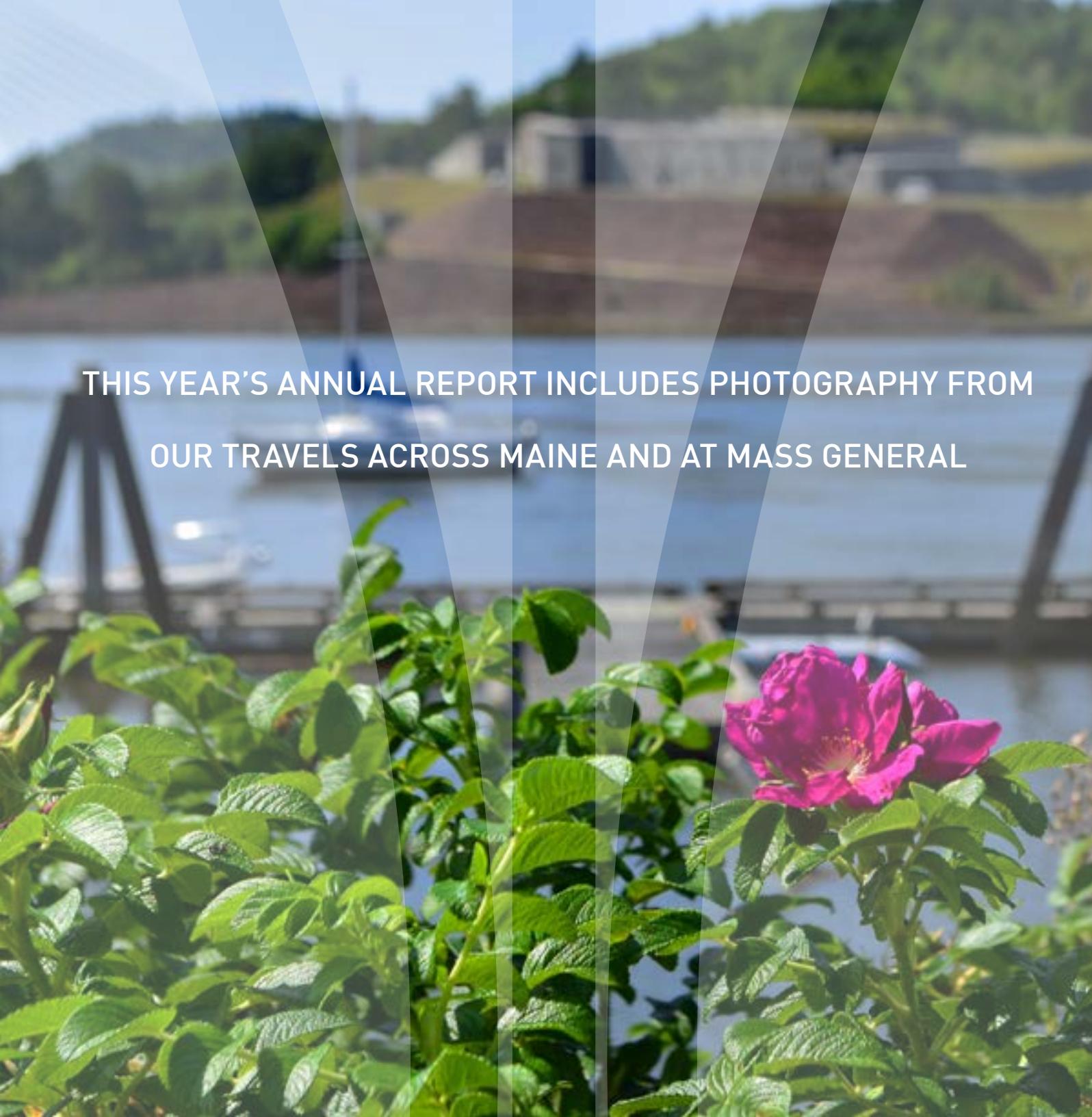
Every day, the work of Lunder-Dineen helps bring their vision to life.

Our team unites invested stakeholders from across Maine of various professions, ages, and backgrounds. Their collective input and expertise creates a shared vision and purpose for our projects. These projects address disparities in health education that impact a large number of Mainers. And we work with rigor and process, so that we can share and scale our success in pursuit of a greater good for all.

The Maine state seal, created in 1820, has a motto that reads DIRIGO. It is Latin for "I Lead." This statement rings true for Maine, today more than ever.

We thank you for your interest in Lunder-Dineen, and we look forward to a bright future for Maine.

*James J. Dineen, MD
Jeanette Ives Erickson, RN, DNP
Robert J. Birnbaum, MD, PhD*



THIS YEAR'S ANNUAL REPORT INCLUDES PHOTOGRAPHY FROM
OUR TRAVELS ACROSS MAINE AND AT MASS GENERAL

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OUR STORY

THIS INNOVATIVE PROGRAM IS THE ONLY ONE OF ITS KIND NATIONWIDE BETWEEN A LARGE ACADEMIC MEDICAL CENTER AND A NEIGHBORING STATE.

A PIONEERING VISION

The Lunder-Dineen Health Education Alliance of Maine, founded in 2011, is the product of a shared vision between Peter and Paula Lunder of the Lunder Foundation and Massachusetts General Hospital—a vision based around the value of education to advance health and well-being.

EXECUTIVE LEADERSHIP

To support this unique program, Mass General has committed executive leadership from across the hospital to advise Lunder-Dineen. The executive team provides a broad base of expertise and dedication to the Lunder-Dineen mission.



HARNESSING THE STRENGTH OF MASSACHUSETTS GENERAL HOSPITAL

Lunder-Dineen's relationship with Massachusetts General Hospital, the original and largest teaching hospital of Harvard Medical School, builds upon Mass General's mission to partner with its neighbors to build, improve, and sustain health care delivery and healthier communities.

Since the hospital's founding, Mass General has been committed to training and mentoring the next generation of international leaders in science and medicine. Mass General lends its intellectual capital to Lunder-Dineen – and to other neighbors locally, regionally and globally – as part of the hospital's core mission.



MASS GENERAL SUBSTANCE USE DISORDERS (SUDS) INITIATIVE

The SUDs initiative focuses on redesigning care for addiction treatment to improve outcomes. It is a collaborative effort across multiple departments within the hospital. Lunder-Dineen is a participating member of the SUDs education committee.

John F. Kelly, PhD, contributes time to Lunder-Dineen as an advisor to our Time to Ask initiative. Dr. Kelly is Founder and Director of the Recovery Research Institute, Associate Director of the Center for Addiction Medicine, and Director of the Addiction Recovery Management Service (ARMS).



THE INSTITUTE FOR PATIENT CARE (IPC)

Housed within MGH Patient Care Services, IPC represents a first-of-its-kind model for advancing multidisciplinary health care. As members of IPC, the Lunder-Dineen team works collaboratively with three of the centers within the IPC: Norman Knight Nursing Center for Clinical & Professional Development, Yvonne L. Munn Center for Nursing Research, and Maxwell & Eleanor Blum Patient and Family Learning Center.

THE NORMAN KNIGHT NURSING CENTER FOR CLINICAL AND PROFESSIONAL DEVELOPMENT

The Knight Center has unique expertise in continuing education, professional development, lifelong learning, and clinical excellence.

Carole MacKenzie, MEd, BSN, RN-BC, professional development specialist with Lunder-Dineen, is one of the Knight Center nurse planners for nursing professional development programs. She participates with the Knight Center team in meetings for workshop planning and project development, including the Maine Nursing Preceptor Education Program.

THE YVONNE L. MUNN CENTER FOR NURSING RESEARCH

The Munn Center focuses on the promotion of nursing science through the development, use, and evaluation of nursing research. It also establishes clinical roles such as nurse scientist and nurse researcher to advance the promotion of safe, quality, cost-effective patient care. The Lunder-Dineen team worked collaboratively with the Munn Center on the development of a learning needs assessment and a proposal to present at the 2017 Nurses

Improving Care for Healthsystem Elders (NICHE) National Conference. The proposal was accepted and the team presented at the conference (learn more on page 33).

MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

The Blum Center helps patients and families learn about health and wellness. Their staff includes experts in accessibility, interprofessional care, and health information across any topic.

The Blum Center staff provided guidance on health literacy best practices during the development of a resident and family education poster as part of Lunder-Dineen's MOTIVATE oral health initiative. Lunder-Dineen is also partnering with them to develop engaging patient and family education materials for Time to Ask.

MEET THE TEAM

THE LUNDER-DINEEN TEAM is dedicated to excellence in health education. In support of our efforts, an interdisciplinary team of executives from across Mass General volunteer their time to advance our mission.

In 2017, the Lunder-Dineen team received a Partners in Excellence Award for their collaborative work

with the Mass General
Institute of Patient Care.

This award recognizes individuals and teams who made significant contributions in the areas of quality care, leadership, service innovation, teamwork, operational efficiency, outstanding community contributions and/or sustainability.



**FROM LEFT TO RIGHT: Labrini Nelligan, MS;
Denise O'Connell, MSW, LCSW, CCM;
Carole MacKenzie, MEd, BSN, RN-BC;
Samantha Nock, BA**



James J. Dineen, MD
Co-chair



**Janette Ives Erickson,
RN, DNP, NEA-BC, FAAN**
Co-chair



**Robert Birnbaum, MD,
PhD
Co-chair**



Ino Chisari, RN-BC, DNP
Chief Learning Officer
Nursing



Labrini Nelligan, MS
Executive Director



**Denise O'Connell,
MSW, LCSW, CCM**
Senior Program Manager



**Carole MacKenzie, RN,
BSN, MED**
Professional Development
Specialist



Samantha Nock, BA
Program Coordinator

- Learn about all our team members and their expertise at:

lunderdineen.org/meet-team



Bucksport Regional Health Center is proud to engage with Lunder-Dineen for very important work on the Time to Ask program. This ensures that we identify and intervene early for our patients and other community members in need, and get them the resources they need to deal with alcohol use issues.

Two years ago is when Lunder-Dineen invited us to participate in this program. We were just starting to set up a medical/behavioral health integration model in our clinic. As we started to screen patients for substance use issues, we realized that alcohol misuse is largely under recognized and undertreated. Through Time to Ask, Lunder-Dineen would provide our staff with access to educational resources and tools, and empower them to better identify and treat patients with alcohol misuse issues.

The team at Lunder-Dineen has been great to work with. They worked closely with all levels of our organization to ensure that the education and tools would effectively educate our staff and providers. We are just launching Time to Ask now, and it will be mandatory for all staff within the organization. They all need to have the skills to treat this population.

We look forward to seeing the impact of this training. It is so important to identify, intervene and treat the people in need in our community.



CAROL CAREW, RN, BSN, MBA
*Chief Executive Officer,
Bucksport Regional Health Center*

As an independent nonprofit organization serving Maine's veterans and their families, we are committed to providing our residents with the best care possible. Preserving their dignity and quality of life are top priorities for Maine Veterans' Homes. That is why we are glad to partner with Lunder-Dineen on the MOTIVATE oral health education program.

Through this program, specialized education and training are available to our entire health care team. Lunder-Dineen has worked diligently to involve our staff in the implementation and evaluation of the program to provide a blueprint for sustained success. We are pleased to provide this unique, high-quality program that meets our standards and helps us deliver on our unwavering commitment to provide compassionate care to our residents.

DEB FOURNIER RN-BC, MSB, CPHQ, NHA
Chief Operations Officer
Maine Veterans' Homes



ADVISORY COMMITTEE



George Campbell
President, University
of Southern Maine
Foundation



Jack Emory
Board of Directors,
The Lunder Foundation



Kevin Gillis
President,
The Lunder Foundation



Paul S. Goodof
Consultant to Nonprofits
and Private Trustee



Admiral Gregory Johnson
USN-Ret.



Marjorie Lunder Goldy
The Lunder Foundation



Robert McAfee, MD
former President,
American Medical
Association, retired
Maine Medical Center
surgeon



Noah Nesin, MD,
FAAFP
Vice President of Medical
Affairs, Penobscot
Community Health Care



Mark Vogelzang
President & CEO,
Maine Public

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I know my home state of Maine benefits greatly from the efforts of Lunder-Dineen.

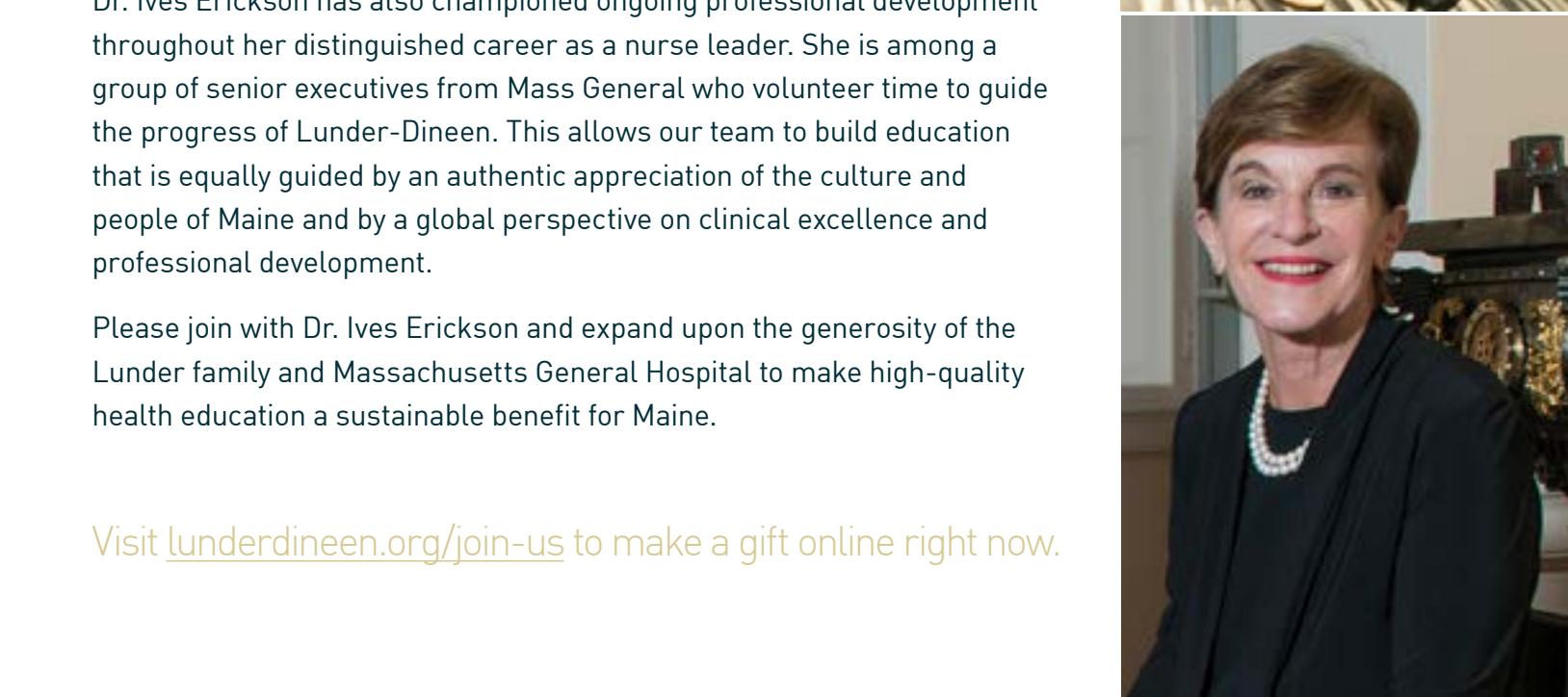
Jeanette Ives Erickson, RN, DNP, NEA-BC, FAAN, is Lunder-Dineen's co-chair and a Portland native who has deep roots in the state. She completed her undergraduate education and began her accomplished nursing career in Maine. She served for 20 years as senior vice president for Patient Care Services and chief nurse at Massachusetts General Hospital.

She is the recipient of regional, national and international accolades for her visionary leadership. Her leadership, extensive knowledge base, and advanced skill sets kept Patient Care Services



Dr. Ives Erickson earned her diploma in nursing from Mercy Hospital School of Nursing and her BSN from Westbrook College. She is a fellow in the American Academy of Nursing and a past Robert Wood Johnson Executive Nurse Fellow.

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Have questions about giving? Email
Labrini Nelligan, executive director, at
labrini@lunderdineen.org.



JOIN US

on the forefront of excellence in interprofessional collaborative practice and the delivery of high-quality care for patients and families.

Dr. Ives Erickson has also championed ongoing professional development throughout her distinguished career as a nurse leader. She is among a group of senior executives from Mass General who volunteer time to guide the progress of Lunder-Dineen. This allows our team to build education that is equally guided by an authentic appreciation of the culture and people of Maine and by a global perspective on clinical excellence and professional development.

Please join with Dr. Ives Erickson and expand upon the generosity of the Lunder family and Massachusetts General Hospital to make high-quality health education a sustainable benefit for Maine.

Visit lunderdineen.org/join-us to make a gift online right now.



While working at Mount Desert Island Hospital, I joined a few professional organizations and became an adjunct clinical instructor at Husson University in Bangor in an effort to connect with nurse leaders. Through these associations, I heard about Lunder-Dineen. I quickly learned about wonderful opportunities such as monthly Nursing Grand Rounds webinars and many other continuing education courses. I felt unbelievably lucky with all of these opportunities that were free to nurses at MDI Hospital and across Maine.

With other nurse educators from around the state, I helped form the statewide Maine Clinical Nurse Educator Group to discuss the many challenges in our roles and share information via email and in person at quarterly meetings. I shared the wonderful resources provided by Lunder-Dineen.

A fellow nurse educator, Taffy Davis, was at a meeting and spoke about the Maine Nursing Preceptor Education Program that she was working on with

Lunder-Dineen. The members of our educator group wanted to hear more about Lunder-Dineen. We invited the Lunder-Dineen team to our next meeting and it has been an incredibly valuable and rewarding relationship ever since. Our educator group has expanded in large part due to the Lunder-Dineen team introducing and making connections to educators that they meet as they travel around the state.

I am convinced that my own professional life and those of my colleagues have been greatly enriched by our relationship with the Lunder-Dineen Health Education Alliance of Maine. I am so thankful for being able to work alongside such a knowledgeable and energetic group of professionals.

BETSY CORRIGAN MSN, RN-BC, PCCN-K
EASTERN MAINE MEDICAL CENTER
BANGOR, MAINE



HEALTH EDUCATION IS

Lunder-Dineen truly believes that health education holds the key to advancing interprofessional collaborative practice and team-based care. This improves health for residents of Maine in a sustainable way.

When health care providers learn about each other, with each other, and from each other, it builds a foundation for high-functioning, interprofessional practice and high-quality health care.

A strategic, evidence-based approach is the foundation for our interprofessional educational initiatives.

Lunder-Dineen initiatives are purposefully developed to:

- respond to educational opportunities that address identified gaps in public health.
- incorporate the perspectives, knowledge, and skills gained from academic and clinical partnership models.
- engage health care professionals in active learning and advancing their own professional development.
- address individual, team-based, multigenerational, and interprofessional learning needs.
- utilize evidence-based, learner-centered, blended-learning education methodology.

The success of implementing our programs into clinical practice hinges on how closely we work with committed, accomplished and busy health care providers, organizations and practices. We invest in working with them to develop the systems, workflows and processes that support successful and sustainable new programs. This makes it easy and seamless for health care staff since the new knowledge, skills and attitudes are integrated directly into their daily practice.

We also commit to having a regular presence on-site with each of our partners. This allows us to understand current processes, the culture, and the organizational readiness for change. We assure our partners that they always have this level of program development and support to guide program success.

In this way, Lunder-Dineen gives health care staff the tools and pathways to apply what they learn and translate education into practice so they can be successful.

POWERFUL MEDICINE

Our MOTIVATE and Time to Ask initiatives use an innovative model to transform care.

Evidence from pre-program needs assessments, quality improvement literature, and expertise from our statewide volunteer advisory teams informs the framework for these initiatives. Our evidence-based projects follow the methodology of three implementation strategies: education and training for providers, organizational support, and expert consultation. All three strategies are key to quality improvement, sustainability, and ultimately achieving practice transformation.



EDUCATION AND TRAINING FOR PROVIDERS IS CREATED:

- using 21st century methodology and adult learning principles.
- to address serious public health issues.
- to advance interprofessional team-based collaborative practice.



ORGANIZATIONAL SUPPORT:

- operationalizes the education by allowing the application of knowledge, skills, and attitudes into practice.
- includes ongoing stakeholder feedback to help shape the process.
- includes the integration of best practices, processes, and policies at the organizational level.



EXPERT CONSULTATION:

- provides ongoing support to the team within practices after the program is underway, to help achieve the program goal and sustain the program.
- supports and sustains the work of the educational model at the site in the long term.
- integrates community supports, referral systems, and systems for measuring outputs and outcomes.



MOTIVATE



Our family has a vision. We want to provide interprofessional education that serves as a catalyst to advance health care in Maine. We are confident that Massachusetts General Hospital can achieve this vision. That is why Lunder-Dineen was established. By doing so, we challenge Mass General to use all of its expertise in education and patient-centered care to help our state.

The MOTIVATE program is one example of how Lunder-Dineen is turning this vision into reality. This program trains interprofessional health care teams to care for the oral health of our most frail residents. Oral health care is key to overall health and also supports a resident's dignity and quality of life. Of course, we know that it is also important to families. MOTIVATE brings oral health education and practice right into our long-term care facilities in Maine and helps to make sure that it has lasting impact.

The list of those who contribute to this project is impressive. Experts from across Maine, Mass General, and beyond have partnered with Lunder-Dineen to build the MOTIVATE program. We thank every professional who has participated in this education program and works to improve health in Maine, and we look forward to continued success for MOTIVATE.

Marjorie Lunder Goldy
The Lunder Foundation



Maine's Oral Team-Based Initiative:
Vital Access to Education
Oral Health Leads to Total Health

OLDER adults become more vulnerable to oral health problems as they age. Frail older adults may not be able to maintain their own oral care. Without consistent oral care, serious and painful dental problems result. Poor oral health can also have sizeable social and economic impacts. Yet suffering with oral health problems is not a normal part of aging and can be prevented. Through MOTIVATE, Lunder-Dineen is tackling oral health care to address an important public health challenge and health care disparity in Maine.

Evidence tells us that good oral health is essential to healthy aging. Improving oral health care can preserve dignity and quality of life for older adults. For example, they can feel good about smiling, or they are able to eat comfortably. This can be achieved with interprofessional education and collaborative practice to help teams provide quality, routine oral health care.

MOTIVATE provides a model for team-based education and practice for Maine health professionals and the communities they serve. Our goal extends beyond improving the quality of oral health care. We also want to boost human capital and create a collaborative solution to oral health care through education of interprofessional health care teams.

This vision is what our partners in our statewide Advisory Team worked tirelessly to develop over 24 months. In 2017, the educational curriculum for MOTIVATE rolled out statewide in two long-term care sites.

This program is the subject of national attention from some of the most notable organizations in oral health. And for good reason: MOTIVATE holds the potential to serve as a model for improving oral health and overall health for older adults who face disparities in care across the country.

Read on to learn more about the past, present and future of MOTIVATE.

Learn more about our curriculum, program schedule, advisory team and more at lunderdineen.org/oral-health

Providing interprofessional teams in long-term care with education to advance their knowledge, skills and attitudes about oral health, while supporting best practices to promote evidence-based oral health care, will strengthen both an interprofessional collaborative practice model and total health care for older adults.

MOTIVATE has launched!

Thank you to Maine Veterans' Homes in Augusta and Scarborough for working with us to stage and launch MOTIVATE!



SPRING 2017

MOTIVATE launched on two initial units

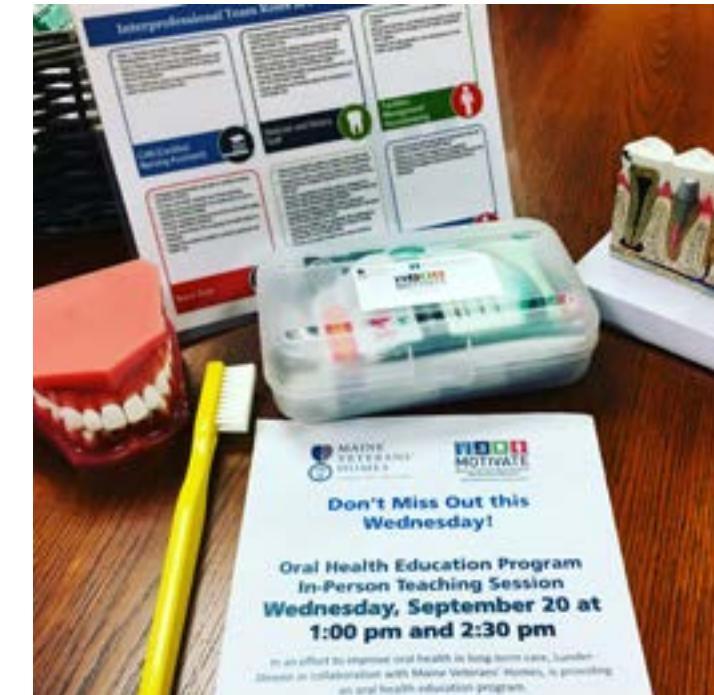
SUMMER/FALL 2017

MOTIVATE launched on all remaining units

WINTER 2017-2018

MOTIVATE launches at a third home located in Machias

Advisory Team member Nancy L. Foster, CDA, EFDA, RDH, EdM, leads one of the MOTIVATE live teaching sessions.



Live teaching sessions provide hands-on guidance from members of our Advisory Team.

Every MOTIVATE participant who finishes the program gets a pin to proudly display their knowledge in oral health care.

Alongside the blended-learning program for professionals, Lunder-Dineen also provides every resident at every site with an Oral Health Kit as part of MOTIVATE. The kit contains all the necessary supplies to assess residents' oral health needs and ensures that supplies are readily available for each resident when providing oral care.

The Lunder-Dineen team continues to attend local, regional, and national events to share the vision and best practices that MOTIVATE is built upon.



The Lunder-Dineen team was invited to attend DentaQuest Foundation's Oral Health 2020 National Network Gathering in Atlanta, GA.

We are grateful for the DentaQuest Foundation's ongoing support of MOTIVATE. They recognize the unique approach of our initiative. By combining interprofessional education – in an engaging, learner-oriented format – with the highly qualified staff of Maine Veterans' Homes, we are presenting a truly collaborative and one-of-a-kind approach to preventing more costly oral health problems.



Lunder-Dineen senior program manager Denise O'Connell, MSW, LCSW, CCM (left) at the DentaQuest Oral Health 2020 Regional Gathering in Pittsburgh, PA, along with colleagues from Maine Primary Care Association, Maine Oral Health Coalition, and MOTIVATE Advisory Team member Leonard Brennan, DMD.



Lunder-Dineen extends its sincere thanks to Advisory Team members Leonard Brennan, DMD, Nancy Foster, CDA, EFDA, RDH, EdM, and Demi Kouzounas, DMD, who all served as live teaching session faculty.

Their significant contributions to the MOTIVATE program embody the compassion and values shared by the Lunder family, Lunder Foundation, and Massachusetts General Hospital.

EACH MEMBER OF THE INTERPROFESSIONAL TEAM HAS A ROLE IN ENSURING GOOD ORAL CARE IS PROVIDED

Interprofessional team:
Physician | Pharmacist | Nurse | Social Worker | Physical Therapist | Speech Language Pathologist | Dietician | Occupational Therapist | Nursing Assistant | Respiratory Therapist



Lunder-Dineen used needs assessment data to create an infographic about oral health in long-term care. Download it at lunderdineen.org/motivate-oral-health-resources.

TIME TO ASK

UNHEALTHY alcohol use is often under identified and undertreated. It is a major public health issue in Maine and nationally. Yet, most health care professionals receive very little education in alcohol use, even though many hospital visits and primary-care visits in Maine are alcohol related.

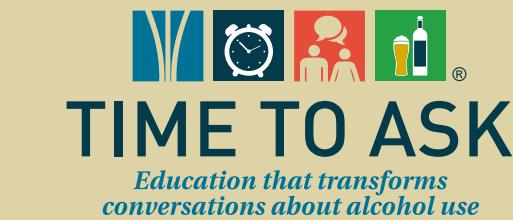
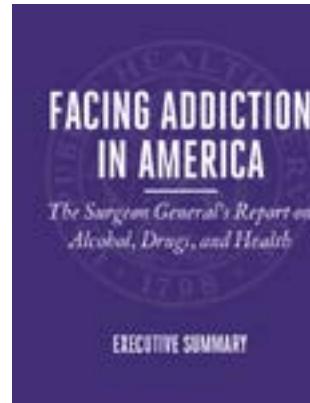
Evidence shows that brief intervention sessions are effective in reducing weekly alcohol consumption, reducing binge drinking, and increasing adherence to recommended drinking limits.

Primary care practices are uniquely situated to identify patients who are at risk for unhealthy drinking.

Lunder-Dineen is proud to work closely with the interprofessional health care teams at our three sites: Bucksport Regional Health Center, Pines Health Services, and Four Seasons Family Practice.



The Surgeon General's landmark 2016 report, *Facing Addiction in America*, points to diverse, representative, cross-sector coalitions as a way to improve the dissemination and implementation of evidence-based programs. The structure of the Time to Ask program is in alignment with this recommendation.



Providing health care professionals with knowledge, skills and attitudes to engage in meaningful conversations about alcohol use and supporting the primary care team in establishing best practices will help to advance compassionate and outcome-based patient care.



ALCOHOL AWARENESS MONTH – APRIL 2017

Studies indicate that providers who effectively utilize alcohol screening can lead to reduced weekly alcohol consumption by patients. Lunder-Dineen and the members of the Time to Ask Advisory Team co-authored a column in the *Bangor Daily News* on the impact of alcohol use in Maine and the need for effective screening and meaningful conversations between health care professionals and patients.

Read the column at lunderdineen.org/lunder-dineen-news.



RECOVERY MONTH – SEPTEMBER 2017

Lunder-Dineen facilitated a powerful discussion about recovery for The Pulse Morning Show on WZON AM 620. Time to Ask Advisory Team member Shawn Yardley, BSW, MBA, and Time to Ask advisor John Kelly, PhD, shared their expertise and personal perspectives on how to help individuals find and maintain long-term recovery.

Listen to the discussion at lunderdineen.org/lunder-dineen-news.



During his Noah's Notes segment on Good Morning Maine, Time to Ask Advisory Team member Noah Nesin, MD, FAFP, discussed Time to Ask, substance use, and recovery alongside Bruce Campbell, LCSW, LADC, CCS, from Wellspring Maine.

See the clip at lunderdineen.org/lunder-dineen-news.

BUILDING OUR TEAM

WELCOME TO NEW MEMBERS OF OUR STATEWIDE ADVISORY TEAM



STEPHANIE NICHOLS, PHARM.D, BCPS, BCPP

Associate Professor of Pharmacy at Husson, Adjunct Clinical Assistant Professor of Psychiatry at Tufts, psychiatric and substance use disorder (SUD) pharmacist



BECKY IRELAND

Program Coordinator, University of New England, Center for Excellence in Health Innovation

FEATURED EDUCATION

NURSING PRECEPTOR

STRONG work is underway across Maine and among leading health care organizations to address the impending nursing workforce shortage. In keeping with this work, the Maine Nursing Preceptor Education Program is designed to demonstrate that a standardized, evidence-informed program advances and supports the recruitment, integration, satisfaction and retention of nurses across the continuum of care.



At the recommendation of the Preceptor Advisory Team, this graduation pin was distributed to all program participants in spring 2017 and to all participants from prior programs.

In September 2017 during the OMNE Nursing Summit in Augusta, Preceptor Program Advisory Team members Betsy Corrigan, MSN, RN-BC, PCCN-K, and Michael Nozdrovicky, DNP, RN, NEA-BC, along with Lunder-Dineen senior program manager Denise O'Connell, presented a poster about the preceptor program and answered questions for attendees.

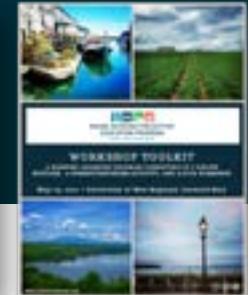


Several members of our statewide Preceptor Program Advisory Team appeared on the Maine Public program Maine Calling in June 2017 to discuss nursing workforce challenges in Maine. They addressed how the Maine Nursing Preceptor Education Program is filling an unmet need to orient and prepare newly hired nurses, nurses transitioning to new roles, and nursing students for clinical practice.

Pictured here are Su Seppes, RN, PhD; Michael Nozdrovicky, DNP, RN, NEA-BC; and Donna DeBlois, RN, BSW, MSB, MBA, AHCA, along with Maine Calling host Jennifer Rooks.

This year marked the third time the Maine Nursing Preceptor Education Program has been held. In total, the program has prepared 500 registered nurses from 50 organizations to assume the role of nursing preceptors.

Our spring workshops took place on May 11 at the University of Maine and May 23 at the University of New England.



Lunder-Dineen is proud that these esteemed nursing organizations endorsed the Spring 2017 Maine Nursing Preceptor Education Program. Several leaders from these organizations are members of the program's statewide advisory committee.



MAINE NURSING PRECEPTOR EDUCATION PROGRAM

Inspire. Teach. Guide. Invest.

The purpose of the Maine Nursing Preceptor Education Program is to prepare nurses with the knowledge, skills, and abilities to precept nursing students, new graduate nurses and experienced nurses new to an organization or transferring to a new practice setting or new role.

COMMUNITY OUTREACH



DURING 2017, in the spirit of helping neighbors in need, Lunder-Dineen was able to provide support for a nursing education need more than 6,000 miles away in Uganda, Africa. Lunder-Dineen partnered with Massachusetts General Hospital Center for Global Health Nursing Program to meet this need.

This program aims to improve health among the most vulnerable in our global community. It provides nursing education and promotes nursing leadership to increase the capacity of nurses and midwives to improve clinical outcomes for the populations they serve. The program has partnerships in Uganda and Tanzania that focus on advancing nursing education.

The MGH Center for Global Health Nursing Program team turned to Lunder-Dineen for expertise in training nursing leaders by selecting Carole MacKenzie, MEd, BSN, RN-BC, Lunder Dineen's professional development specialist, to be a Massachusetts General Hospital Global Health Nursing Fellow for 2017.

Learn more at globalhealthmgh.org/programs/nursing/home

In her fellowship role, Carole worked in partnership with the Norman Knight Nursing Center for Clinical & Professional Development and the Center for Global Health Nursing Department to develop and present a Clinical Instruction Training Program for nursing faculty, master degree nursing students and clinical nurses at Mbarara University of Science and Technology in Mbarara, Uganda. The course was held during the week of August 21-25.

Pictured here are Pat Doust, MSN, RN, Director of Nursing at the Center for Global Health; Carole MacKenzie, MEd, BSN, RN-BC; and Mary Sebert, RN, MPH, International Nurse Program Manager at The Center for Global Health.



National Conference Presentations



NICHE National Conference Podium Presentation – April 2017, Austin, TX
Lunder-Dineen was honored to be selected for the Nurses Improving Care for Healthsystem Elders (NICHE) 2017 Annual Conference. Our presentation, *Improving Oral Health Care for Older Adults through Interprofessional Team Collaboration and Evidence-Based Practice*, focused on our MOTIVATE initiative. Session attendees explored the important connection between oral health and overall health, as well as barriers to providing oral health care. They also identified meaningful action steps to advance oral care for frail older adults. Pictured left to right are Labrini Nelligan, Denise O'Connell, and Carole MacKenzie.



Association for Nursing Professional Development (ANPD) National Convention Podium Presentation – July 2017, New Orleans, LA
Lunder-Dineen was selected for the second time to present to leaders in nursing professional development from across the country. Our presentation, *Best Practices for Transforming 21st Century Multigenerational Learning*, centered on the importance of embracing a multigenerational workforce. This ensures that all generations on the nursing team are heard, valued, and respected.

Pictured left to right are Carole MacKenzie, Labrini Nelligan, Denise O'Connell, and Samantha Nock.

GLIMPSE AT 2018



IN PARTNERSHIP WITH OUR THREE STATEWIDE ADVISORY TEAMS, OUR FOCUS IN 2018 REMAINS ON LAUNCHING, REFINING AND EXPANDING OUR THREE SIGNATURE EDUCATION PRODUCTS. WE HAVE SPECIFIC PLANS IN PROGRESS FOR EACH PRODUCT.

MOTIVATE – MAINE’S ORAL AND TEAM-BASED INITIATIVE: VITAL ACCESS TO EDUCATION

In winter 2018, additional homes in the Maine Veterans’ Homes system will join this program. We will work in collaboration with our academic partners on the Advisory Team to analyze feedback and experience with our two current sites, and will use that information to inform and enhance our rollout to additional sites. This academic partnership lays the groundwork for an impact evaluation when Phase 1 is complete across the system. Our goal is to complete Phase 1 throughout the entire Maine Veterans’ Home system by the end of 2018. We will continue to explore and test a new component of the program that includes the utilization of dental and dental hygienist students on site to support the long-term care teams.

TIME TO ASK

Phase 1 launched in Bucksport in 2017, and our focus in 2018 includes a thorough analysis of program data to inform and enhance the launch of Time to Ask at additional primary care sites. Lunder-Dineen is partnering with the University of Southern Maine Muskie School of Public Service as an academic evaluation partner to review and evaluate every component of this quality improvement project.

We will continue to partner with the Massachusetts General Hospital Substance Use Disorders Initiative. This collaboration helps align the work of Time to Ask so it has a high degree of transferability to other substances of misuse.

MAINE NURSING PRECEPTOR EDUCATION PROGRAM

In line with the statewide work underway to address the impending nursing shortage, the Maine Nursing Preceptor Education program will launch again for a fourth time in the spring of 2018. This blended-learning program will culminate with live workshops at the University of Maine, Orono campus, on May 23 and at the University of New England, Biddeford campus, on June 5. Information on registration can be found at lunderdineen.org/preceptorship.

The new year also brings a new aspect to this program. Lunder-Dineen and the Maine Nursing Preceptor Advisory Team identified an additional need in nursing leadership throughout the state. In response to this need, we are enhancing the current program to include a second learner target audience: clinical nurse educators. This important cohort of nurse leaders supports and guides preceptors in every organization. Development of the second track began in the fall of 2017 with the implementation of a statewide needs assessment of clinical nurse educators to inform its development. We will continue to build out this new facet of the program in 2018.

For all of our signature education products, we will continue to share our experience and guidance with local, regional and national stakeholders through speaking engagements.

We are proud to have three distinct products on oral health, unhealthy alcohol use and nursing leadership. Over the course of 2018 and 2019, we plan to increase the distribution and penetration/reach of these three valuable products by offering them to additional long term care settings, primary care sites, and nurses across Maine.

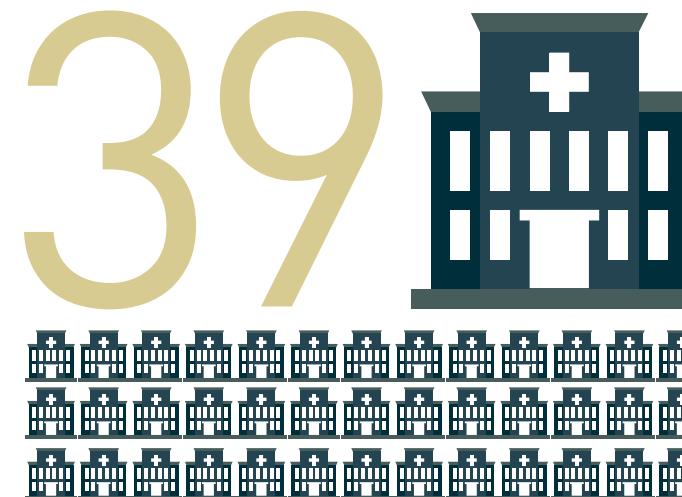
For more information about Lunder-Dineen, visit lunderdineen.org.

Our Footprint

HOSPITALS



Over the last six years, we've met with every hospital in Maine—from frontline clinicians up to health system leadership, and from Fort Kent down to York. This ensures we have perspective from all over Maine and access to all kinds of experts as we develop health education programs tailored to the unique needs of Maine.



OTHER ORGANIZATIONS



We have met with 90 health care organizations, advocacy groups, legislators, educators, and community-based health care professionals and practices who represent all regions of Maine. We will continue to meet with stakeholders across the state to further inform and advance our work.







LUNDER • DINEEN

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In collaboration with Massachusetts General Hospital

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