

Resources for Veterans in Maine

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Health Education Alliance of Maine
In collaboration with Massachusetts General Hospital

www.mainehealtheducation.org

Military Sites

MAINE NATIONAL GUARD

www.me.ngb.army.mil

Public Affairs | 207-430-2151

Chaplain | 207-626-7872

Director of Military Support | 207-430-5645

Sexual Assault Prevention & Response | 207-620-6335

Family Readiness Program | 207-430-5108

Gretchen Breyller Hegerman, Ph.D.

Director of Psychological Health, Maine National Guard

22 Armory Street | Augusta, ME 04330

Office: 207-430-5782 Cell: 207-205-7841

Gretchen.Hegeman@ceridian.com

CPT Tara K. Young

Sexual Assault Response Coordinator Suicide Prevention Program Coordinator

Tara.K.Young@us.army.mil

Jasmine Cain

207-430-5824 | *Jasmine.Cain@us.army.mil*

Jonathan Jensen

Yellow Ribbon Reintegration Program, Military Family Assistance Center

Khite.jensen@us.army.mil

Chaplain Andy Gibson Director

Deployment Cycle Support | *Andrew.l.Gibson@us.army.mil*

Additional Suicide Prevention Contacts

COL Valmore Vigue | ARNG Chaplain | 207-430-5899

CPT Earl Weigelt | 207-430-5898

MAJ Richard Bach | 207-698-7242

Transition Assistance Program Office | 207-430-5778

Advisor: **Wendy Moody** | *Wendy.Moody@us.army.mil* | 207-626-4221

Military Sites

MAINE NATIONAL GUARD FAMILY PROGRAM

www.me.ngb.army.mil/family

MSgt. Barbara Claudel

State Family Program Manager | *Barbara.Claudel@us.army.mil*

Maine National Guard Military Family Life Consultant

Naya Blue | *Naya.T.Blue@healthnet.com*

Youth Program

Casey Kimbal | *casey.kimball@us.army.mil*

MAINE AIR NATIONAL GUARD: 101ST AIR REFUELING WING

www.101arw.ang.af.mil

Bangor, ME

Public Affairs | 207-404-7604

Chaplain Dickinson | 207-990-7242

Chaplain 24/7 Hotline | 207-356-0674

Airman and Family Readiness | 207-404-7494

Veterans Administration Resources

VISN 1: NEW ENGLAND HEALTHCARE SYSTEM

www.newengland.va.gov

200 Springs Road, Bldg. #61 | Bedford, MA 01730 | 781-687-4821

MAINE VA MEDICAL CENTER

www.maine.va.gov

1 VA Center | Augusta, ME 04330 | 877-421-8263 | 207-623-8411

Public Affairs Office | 207-623-5714

Chaplains Services | 207-623-8411 ext. 5370

OEF/OIF/OND Program

Katherine Russin | Program Manager | katherine.russin@va.gov

207-623-841 ext. 412

Teresa Clark | Program Manager | 207-623-8411 ext. 3078

Cathleen Dunlap | Social Work Case Manager | 207-623-8411 ext. 5344

Minority Veterans Coordinator

Jim Doherty | 207-623-5714

Women Veterans Program Manager

LaRhonda Harris, RN | 207-623-8411 ext. 4017

PORTLAND VET CENTER

www2.va.gov/directory/guide/facility.asp?ID=5438&dnum=All

475 Stevens Avenue | Portland, ME 04103

Phone: 207-780-3584 Fax: 207-780-3545

Veterans Administration Resources

BANGOR VETERANS' HOME

www.maineveteranshomes.org/locations/bangor.html

44 Hogan Road | Bangor, ME 04401
Phone: 207-942-2333 or 1 888-684-4665
Administrator: **Greg Urban**

BANGOR VET CENTER

www2.va.gov/directory/guide/facility.asp?ID=5433&dnum=All

368 Harlow St. In-Town Plaza | Bangor, ME 04401
Phone: 207-947-3391 or 877-927-8387 Fax: 207-941-8195

BANGOR COMMUNITY BASED OUTPATIENT CLINIC (CBOC)

www.maine.va.gov/visitors/togopc_bangor.asp

35 State Hospital Street | Bangor, ME 04401
Phone: 207-561-3600 or 1 877-421-8263 ext. 3600 Fax: 207-947-1862
Hours: 8:00 am – 4:30 pm, Monday – Friday

Key Contacts:

Clinic Point of Contact: **Bridget Brozyna, R.N.**

CBOC Firm Manager: **Jacqueline Edgecomb, R.N.**

Togus Point of Contact: **Kevin Kruse, M.D.**, Primary Care Service Line Manager

Women Veterans Liaison: **Valerie Frost, RN**

VA MAINE HEALTHCARE SYSTEM

PORTLAND MENTAL HEALTH OUTPATIENT CLINIC

www.maine.va.gov/visitors/Port_mental.asp

144 Fore Street | Portland, ME 04101
Phone: 207-771-3500 or 1 877-421-8263 ext. 3500
Hours: 8:00 am – 4:30 pm, Monday-Friday

Key Contacts:

Clinic Point of Contact: **Lee Thompson, LCSW**

Togus Point of Contact: **Mary Tibbetts, MD, MBA**, Director of Mental Health Services

Local Universities

BOWDOIN COLLEGE

www.bowdoin.edu

Brunswick, ME | 207-725-3000

Student Affairs Office – Veterans Programs

Contact: Student Affairs Office

Moulton Union, 2nd FL 4600 | College Station | 207-725-3149

HUSSON UNIVERSITY

www.husson.edu

1 College Circle | Bangor, ME 04401

Veteran Affairs

Sarah Pringle-Lewis

Associate Director Center for Academic & Student Services

207-941-7081 | veterans@husson.edu

Student Veterans of America, Husson Chapter

Jan Mudge | mudgej@husson.edu

UNIVERSITY OF MAINE AT AUGUSTA

www.uma.edu

46 University Drive | Augusta, ME | 207-621-3000

Veterans Services

www.uma.edu/veteranservices.html

Amy Line

Coordinator of Veteran Services and the University Military Achievement Project

207-621-3215 | amy.line@uma.edu

Dr. Phil Watkins

Coordinator of Student Support Services | 207-621-3157 | pwatkins@maine.edu

Local Universities

UNIVERSITY OF MAINE AT ORONO
VETERANS EDUCATION AND TRANSITION SERVICES
www.umaine.edu/veterans

5748 Memorial Union Rm. 143 | Orono, ME 04469
Phone: 207-581-1316 Fax: 207-581-9338
UMVETS@umit.maine.edu
Office Hours: 8:00 am – 4:30 pm, Monday – Friday

Additional Regional Resources

MAINE BUREAU OF VETERANS' SERVICES

www.maine.gov/dvem/bvs

117 State House Station | Augusta, ME 04333-0117

Phone: 207-430-6035 | mainebvs@maine.gov

Contact: **Peter W. Ogden**, Director

DEPARTMENT OF LABOR – MAINE CAREER CENTER: VETERANS SERVICES

www.mainecareercenter.com/employment/veterans-services/index.shtml

Augusta CareerCenter Office | 21 Enterprise Drive, Suite 2 | Augusta, ME 04333

www.mainecareercenter.com/locations/region3/augusta/index.shtml

Contacts: **Larz Nelson** | 207-624-5172 | **Doug Hudson** | 207-624-5156

augusta.careercenter@maine.gov

COMMUNITY COUNSELING CENTER: MAINE MENTAL HEALTH PARTNERS COUNSELING FOR VETERANS AND THEIR FAMILIES

www.commcc.org/our-programs/counseling-services/assistance-for-veterans/

Contacts: **Scott Hutcherson** | 207-874-1030

Rebecca Frances Hoffman | hoffmr@commcc.org | Phone: 207-874-1030

EMPLOYER SUPPORT OF THE GUARD AND RESERVE

Mr. Gregory Small

Executive Director for the Maine Committee

Office: 207-430-5891 Cell: 207-620-4148 | Greg.small@us.army.mil

Additional Regional Resources

MILITARY ONE SOURCE –MAINE

www.militaryonesource.com

Contact: **David Duehring**

david.duehring@militaryonesource.com | 207-232-8710

OPERATION HOMEFRONT

Donna M. Chapman

Chapter President – Operation Homefront-Maine

P.O. Box 1447 | Windham, ME 04062 | *maine@operationhomefront.net*

MAINE MILITARY COMMUNITY NETWORK

www.mainemcn.org/ info@MaineMCN.org

Augusta Network Contact: **Flora Stack** | *fstack@kvcc.me.edu*

Marketing Contacts:

Marcia Cooper | *mcooper@biin.org* | **Jon Henry** | *jhenry@maine.edu*

Scott Hutcherson | *hutch27@commcc.org*

LUNDER-DINEEN HEALTH EDUCATION ALLIANCE OF MAINE IN COLLABORATION WITH MASSACHUSETTS GENERAL HOSPITAL

www.mainehealtheducation.org

PO Box 1505 | Bangor, ME 04402-1505

Phone: 207-385-3185 | *info@mainehealtheducation.org*



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